

FRIDAY

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| Online | 7:15 AM | Online Breakfast Club O-D |
| Ames | 7:30 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Boone | 7:30 AM | Boone Group 917 10th Street (The Zoo) O-NS-D |
| Ames | 12:00 PM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Marshalltown | 12:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Ames (online only) | 12:10 PM | Noon Group 1015 Hyland Ave. Unitarian Church C-NS-BB-D |
| Online | 7:00 PM | Friday Night Online Book Club O-D |
| Ames | 7:00 PM | Fellowship Friday Night 217 6th Street United Church of Christ O-NS-D |
| Ames | 7:00 PM | McCormick Clubhouse 1201 McCormick Ave C-NS-D |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) O-NS-D |
| Marshalltown | 7:00 PM | Marshalltown Group Beginners Meeting 1311 E Nevada St. O-NS-D-BG |
| Ogden | 7:00 PM | Ogden Group 208 W Mulberry Street Ogden Library O-D |
| Iowa Falls | 7:00 PM | Iowa Falls AA 11241 Hwy 65 (Fireside) C-NS-D (2nd Fri Open) |

SATURDAY

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| Online | 8:30 AM | Eye Openers O-D |
| Boone | 9:00 AM | Boone Women's Group 917 10th Street (The Zoo) O-NS-W-DR |
| Cambridge | 10:00 AM | Ignite Recovery Group Men's Meeting 32385 580th Ave Ember Recovery Campus O-D-M |
| Online | 10:30 AM | Come As You Are Women's O-W-D |
| Ames | 10:30 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Boone | 12:00 PM | Boone Group 917 10th Street (The Zoo) C-NS-D |
| Marshalltown | 12:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Marshalltown | 5:00 PM | Marshalltown Group Grapevine Meeting 1311 E Nevada St. O-NS-D-GV |
| Ames | 7:00 PM | McCormick Clubhouse 1201 McCormick Ave C-NS-D |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) O-NS-D |

| NAME | PHONE |
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SUNDAY

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| Boone | 8:00 AM | Emotional Sobriety 917 10th Street (The Zoo) O-NS-D |
| Marshalltown | 8:00 AM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Boone | 9:30 AM | Boone Group 917 10th Street (The Zoo) O-NS-BB |
| Online | 10:00 AM | Online Sunday Morning O-D |
| Ames | 10:00 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Marshalltown | 6:00 PM | Marshalltown Group 1311 E Nevada Street C-NS-BB |
| Ames | 7:00 PM | Grapevines 2338 Lincoln Way St Johns Episcopal Church O-NS-D-GV |
| Ames | 7:00 PM | McCormick Clubhouse 1201 McCormick Ave C-NS-D |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) O-NS-D-GV |

| NAME | PHONE |
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AA Meeting

Schedule

July 7th, 2026



District 3

www.aacentraliowa.org

www.amesaa.org



C=Closed
NS=Non-Smoking
W=Women
BB=Big Book
D=Discussion
11Step=Meditation
ABSI=As Bill Sees It
SPK=Speaker
12&12=Steps and Traditions

O=Open
S=Smoking
M=Men
LS=Living Sober
GV=Grapevine
DR=Daily Reflections
BG=Beginners
CCP=Child Care

For More Information

Ames 515-232-8642
Boone 515-329-4079
Madrid 515-201-6406

MONDAY

| | | |
|------------------|----------|--|
| Ames | 6:30 AM | Morning 11th Step Mtg 1201 McCormick Ave 11Step-O-D |
| Online | 7:15 AM | Online Breakfast Club O-D |
| Ames | 7:30 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Boone | 7:30 AM | Boone Group 917 10th Street (The Zoo) O-NS-D |
| Ames | 12:00 PM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Iowa Falls | 12:00 PM | Iowa Falls AA 11241 Highway 65 (Fireside) |
| Marshalltown | 12:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Ames (Hybrid) | 12:10 PM | Noon Group 1015 Hyland Ave. Unitarian Church C-NS-BB-D |
| Marshalltown | 6:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-LS |
| Ames | 6:30 PM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Ames | 7:00 PM | The Four Horsemen YSS 420 Kellogg Ave O-NS-BB-D |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) O-NS-BG |
| Madrid | 7:00 PM | Dead End Monday Night Madrid Meeting 209 West 2nd O-NS-DR-D |
| Ames | 8:00 PM | McCormick Clubhouse 1201 McCormick Ave C-NS-BB-D |
| Eldora | 7:00 PM | Eldora Group 1306 17th Ave Dorothy's Senior Center O-NS-D |

TUESDAY

| | | |
|-----------------------|----------|--|
| Online | 7:15 AM | Online Breakfast Club O-D |
| Ames | 7:30 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Ames | 12:00 PM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Marshalltown | 12:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Ames (online only) | 12:10 PM | Noon Group 1015 Hyland Ave. Unitarian Church C-NS-BB-D |
| Marshalltown | 6:00 PM | Marshalltown Group 1311 E Nevada St. W-C-NS-D |
| Ames (online also) | 6:30 PM | Full Support Womens 104 N Wilmoth Ave Community of Christ Church O-NS-D-W-CCP |
| Ames | 7:00 PM | McCormick Clubhouse 1201 McCormick Ave C-NS-D |
| Ames (online also) | 7:00 PM | Tues. Night Big Book Discuusion Group 217 6th St. United Church of Christ O-NS-D-SPK |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) C-NS-BB |
| Stratford | 7:00 PM | Stratford Meeting 901 Moore St. Calvary Methodist Church O-NS-BB |
| Marshalltown | 8:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-12&12 |

WEDNESDAY

| | | |
|-----------------------|----------|---|
| Ames | 6:30 AM | Harvest Vineyard Meeting 320 S 17th St. Harvest Vineyard Church O-NS-BB |
| Online | 7:15 AM | Online Breakfast Club O-D |
| Ames | 7:30 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Boone | 7:30 AM | Boone Group 917 10th Street (The Zoo) O-NS-D |
| Ames | 12:00 PM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Marshalltown | 12:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-12&12 |
| Ames (online only) | 12:10 PM | Noon Group 1015 Hyland Ave. Unitarian Church C-NS-BB-D |
| Ames | 7:00 PM | Ames Downtowners 516 Kellogg Ave. Methodist Church O-NS-D |
| Ames | 7:00 PM | McCormick Clubhouse 1201 McCormick Ave C-NS-D-12&12 |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) C-NS-BB |
| Iowa Falls | 7:00 PM | 11241 Highway 65 (Fireside) C-S-12&12 |
| Marshalltown | 8:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Cambridge | 7:00 PM | Ignite Recovery Group Women's Meeting 32385 580th Ave Ember Recovery Campus O-D-W |

THURSDAY

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|-----------------------|----------|---|
| Online | 7:15 AM | Online Breakfast Club O-D |
| Ames | 7:30 AM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Ames | 12:00 PM | McCormick Clubhouse 1201 McCormick Ave O-NS-D |
| Marshalltown | 12:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-D |
| Ames (online only) | 12:10 PM | Noon Group 1015 Hyland Ave. Unitarian Church C-NS-BB-D |
| Ames | 7:00 PM | McCormick Clubhouse Beginners Meeting 1201 McCormick Ave O-NS-BG |
| Boone | 7:00 PM | Boone Group 917 10th Street (The Zoo) C-NS-12&12 |
| Nevada | 7:00 PM | There is a Solution 250 West E Ave Christian Church O-NS-D |
| Marshalltown | 8:00 PM | Marshalltown Group 1311 E Nevada St. C-NS-BB |

Online Meetings

Sun - 10:00 am - Online Sunday Morning
M-F - 7:15 am - Online Breakfast Club
M-F - 12:10 pm - Noon Group
Tue - 6:30 pm - Full Support Womens Group
Tue - 7:00 pm - Tuesday Night Big Book Discussion
Fri - 7:00 pm - Friday Night Online Book Club
Sat - 8:30 am - Eye Openers
Sat - 10:30 am - Come As You Are Womens Group

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